



Total Access Medical, LLC®
Modern medicine. *Old fashioned CARE.*

What Is Concierge Medicine?



If you've been researching your healthcare options, you might have encountered the term concierge medicine. What exactly is concierge medicine? (Hint: it's a lot different from what you see on **Royal Pains**.) What could it mean for you and/or your family? How can you be sure it's the right medicine model for you? This brief guide aims to answer those questions and more.

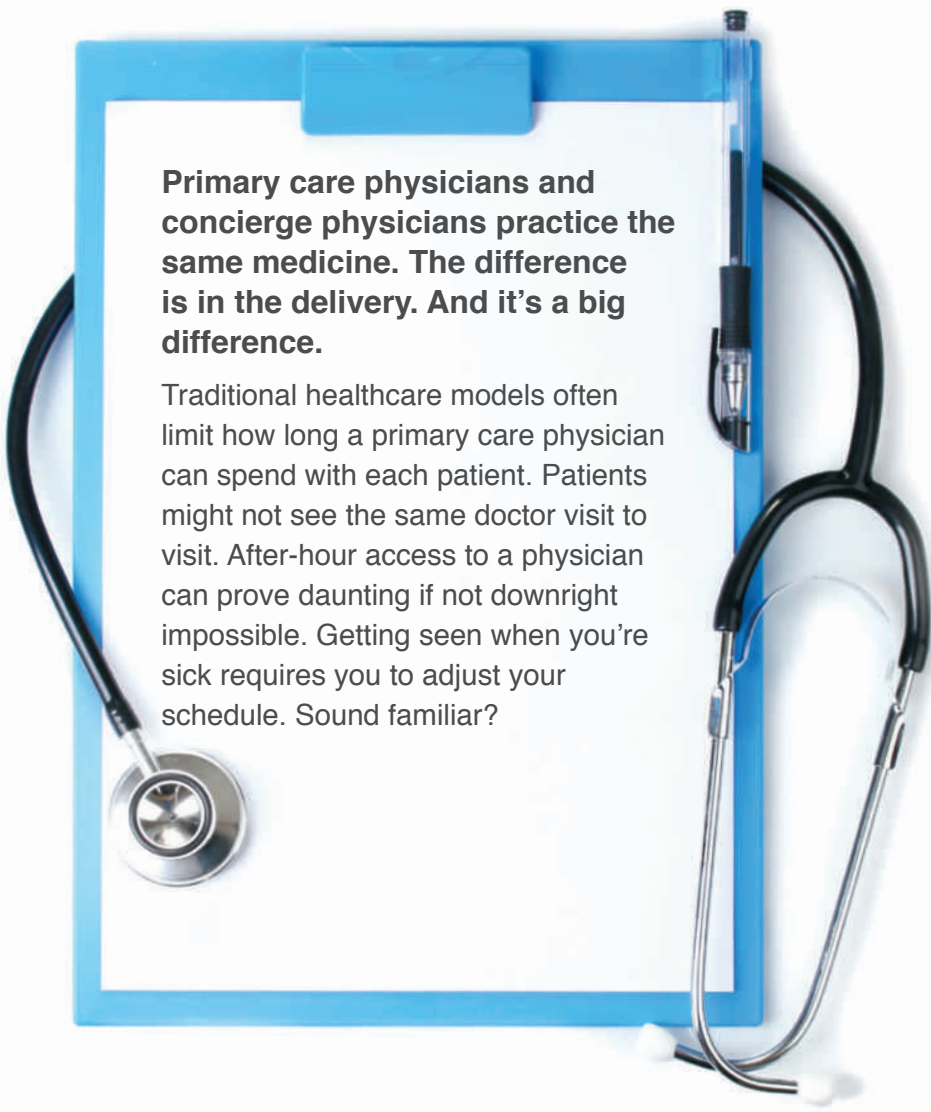


What is concierge medicine?

Simply put, concierge medicine is a healthcare model where you pay your doctor directly. Payment is usually annual, quarterly, or monthly, depending on the practice's fee schedule. This fee covers a menu of services that typically include the following:

- Sick visits
- Wellness visits
- Coordination of all care
- Flu shots/vaccinations
- Routine blood work
- Preventive medicine

Why would I choose concierge medicine when my primary care physician covers the services outlined above?

A blue clipboard with a white sheet of paper is the central focus. A black stethoscope is draped over the left and right sides of the clipboard. A black pen is clipped to the right edge of the paper. The background is a light, neutral color.

Primary care physicians and concierge physicians practice the same medicine. The difference is in the delivery. And it's a big difference.

Traditional healthcare models often limit how long a primary care physician can spend with each patient. Patients might not see the same doctor visit to visit. After-hour access to a physician can prove daunting if not downright impossible. Getting seen when you're sick requires you to adjust your schedule. Sound familiar?

Concierge medicine, on the other hand, offers an immediate, personalized experience:

- **You'll see the same doctor visit to visit.** This allows you and your doctor to develop a meaningful, trusting relationship, which is critical to your long-term health and wellness.
- **You'll have easier access to your doctor during nights, weekends, holidays, and vacations.** Most concierge doctors provide patients with their personal cell phones and emails.
- **You'll have longer office visits.** No more being rushed out in 10 to 15 minutes. With a concierge doctor, your visit will often last between 30 and 60 minutes.
- **Your concierge doctor will coordinate and manage all of your care.** Having one point of contact helps reduce redundancies, mistakes, and unnecessary tests and procedures.
- **You'll be able to schedule sick visits as easily as you do annual physicals and flu shots.** Make appointments according to your needs and your schedule.



How does concierge medicine work with insurance?

In short, it doesn't. Concierge medicine is separate from traditional healthcare insurance. When you work with a concierge doctor, you pay him or her directly.

So if I opt for concierge medicine, do I still need traditional health insurance?

Most concierge medical practices recommend that its members carry some form of insurance (e.g. catastrophic insurance) to cover services not included in the membership fee, such as hospitalization and specialist care.

Concierge care sounds expensive. Is it?

While you certainly can find pricey concierge medical services, the majority of practices today offer reasonable enrollment fees. "Reasonable," of course, is a subjective term, and we absolutely acknowledge that the fees won't be within everyone's reach.

That said, many people would likely be surprised at how affordable concierge care is. According to Concierge Medicine Today, "over 62% of the fees touted by direct-pay or concierge medicine doctors cost patients less than \$135 per month."

OK, but how do I know if concierge medicine is right for my family and me?

It's a fair question, and there's no one-size-fits-all answer. We've created a checklist to help people assess if this medicine model is right for them and their specific needs.

I'm interested in pursuing concierge medicine. What should I do next?

The best thing you can do is learn about the concierge practices in your area. Read their websites, learn about their doctors, and schedule interviews with concierge physicians who seem like a good match. If you're in the greater Philadelphia, southern New Jersey, or Wilmington (Delaware) area, then be sure to check out our concierge medical practice: **Total Access Medical**.

We wish you much luck and wellness as you move forward.



About Total Access Medical, Inc.

Serving the greater Philadelphia area as well as points in New Jersey and Delaware, Total Access Medical is a concierge medical practice that brings old-fashioned care to modern medicine. Founded in 2002, TAM focuses on making quality care readily available to subscribing patients through its network of affiliated primary care physicians. Each carefully selected physician has agreed to reduce his or her current practice size to a select number of patients in order to provide devoted medical services with an old-fashioned touch. No more lengthy waiting room waits, no more delays in treatment, no more wondering if your doctor will have time for you. From holistic medicine to internal medicine, our team is ready to provide the best care possible to bring you the best possible quality of life. Visit us **online** or call 1-800-318-6825 to discover how concierge medicine can make a difference in your world today.



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